

# upcoming events

March 22, 2003

## A Night to Celebrate

Le Parc Banquet Hall, Concord  
proceeds to colon cancer research,  
education, equipment and clinical  
care, TGH

April 24, 2003

## 9th Annual Wine Classic

The Fairmont Royal York Hotel  
proceeds to the Krembil  
Neuroscience Centre, TWH

June 14, 2003

## Wheels in Motion

Ontario Place  
proceeds to the Spinal Program at the  
Krembil Neuroscience Centre, TWH

July 7, 2003

## The 6th Annual Legacy Golf Classic

Devil's Pulpit Golf Club, Caledon  
proceeds to the Peter Munk Cardiac  
Centre, TGH

August 2003

## Low Dunn Memorial Golf Tournament

Diamond Back Golf Club,  
Caledon  
Proceeds to the Peter Munk Cardiac  
Centre, TGH

August 2003

## Greenfield Golf Charity Tournament

St. Andrews Golf Club  
proceeds to Renal Transplant  
Research

September 2003

## The Hope Ball

The Four Seasons Hotel  
Proceeds to the Krembil Neuroscience  
Centre, TWH

For more information on any of these events or to inquire about holding your own event please call 416-340-3935 email: foundation@uhn.on.ca or visit www.uhn.ca

## Toronto General & Western Hospital Foundation

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Together We Make Life Better

Toronto General & Western  
Hospital Foundation

University Health Network

# Report on Your Support

## Did you Know...

Toronto Western Hospital is a Regional Stroke Centre – recognized for its best practices in patient care, research and education.

## Miracle Teen on the Move



Veronica White with Dr. Karel terBrugge, (left) and Dr. Christopher Wallace

One week before the radiosurgery, Veronica suffered her first bleed. Subsequent radiation failed to close off the AVM and within the year, Veronica was coping with symptoms of stroke. She was not yet 13.

### A ticking time bomb

In spite of a high risk of another bleed, Veronica goes on living life fully. A gifted student, she's at the top of her class at St. Thomas Aquinas High School and plays piano, guitar and saxophone. She has a supportive family and a group of friends who stood by her when her AVM hemorrhaged again in the summer of 2001.

Veronica came through a six-day coma, weeks of intensive care and months of rehabilitation, surprising her caregivers every step of the way. Her recovery was nothing short of a miracle.

In July 2003, Dr. terBrugge and neurosurgeon Dr. Christopher Wallace will perform the third and final treatment of Veronica's AVM – surgery. The cure is immediate but the risks are high.

Veronica and her family are finding Toronto Western Hospital's AVM Support Group a valuable resource. It is the first such group in Canada and just last year launched the first Canadian web site for AVM and aneurysm patients.

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## Yes! I would like to support the Toronto General & Western Hospital Foundation

I enclose my cheque for \$ \_\_\_\_\_

I prefer to use my  Visa  Master Card  American Express

Card Number \_\_\_\_\_ Expiry Date \_\_\_\_\_

Signature \_\_\_\_\_ Amount of Donation \_\_\_\_\_

Name (please print) \_\_\_\_\_

Address \_\_\_\_\_

City \_\_\_\_\_ Province \_\_\_\_\_ Postal Code \_\_\_\_\_

Phone ( ) \_\_\_\_\_ Email \_\_\_\_\_

- I would like more information about monthly giving
- Please send me information on other ways of giving including Estate Planning
- I wish to remain anonymous
- Please send me invitations for upcoming events
- Please send me information on companies with matching gift programs

Make an online donation! Visit our website: www.uhn.ca - click the foundation link

## Facts on Stroke & the Neurovascular Program at TWH

❖ Each year 300,000 Canadians cope with the effects of stroke, which may include speech damage, paralysis and loss of comprehension, memory and the ability to read and write. Stroke is the fourth largest cause of death in Canada.

❖ 80% of strokes are caused by an obstruction of blood supply to the brain – due to a blood clot in the brain or by a clot formed elsewhere in the body and carried to the brain. The resulting lack of oxygen leads to the death of brain cells (neurons).

❖ 20% of strokes are caused by a blood-filled blister on an artery wall (aneurysm) that ruptures or by a tangle of abnormal, thin-walled veins and arteries (arteriovenous malformation – AVM) that bursts. The resulting uncontrolled bleeding floods and kills neurons.

❖ Accuracy and speed – essential in treating stroke – are provided by the Krembil Neuroscience Centre's Interventional Neuroradiology component, offering state-of-the-art imaging and minimally invasive treatments, such as the revolutionary 'clot-busting' therapy to clear vascular obstruction in acute stroke.

# Halting Stroke Damage

## Drug has potential to prevent devastating brain cell death

In stroke care, 'time is brain' – the faster a patient gets proper treatment, the better the chance of recovery. Toronto Western Research Institute scientist Dr. Michael Tymianski and a team of researchers have developed a drug that, in lab tests, immediately stops the damage caused by stroke. Dr. Tymianski is quoted in the October 2002 issue of the journal *Science*, "Our data shows the drug is more effective in preventing stroke than any method that has ever been used. This research could be applied to human trials within the next few years."

## Fighting Stroke at Toronto Western Hospital

Finding ways to treat and prevent stroke is the focus of the Neurovascular Program at Toronto Western Hospital's Krembil Neuroscience Centre.

Dr. Tymianski brings his clinical experience as a neurosurgeon to his cellular and molecular research activity. He and his team study the mechanisms of neuronal damage during stroke then translate their discoveries into novel strategies to arrest the damage and prevent strokes from recurring.

Toronto Western Hospital's Acute Stroke Program and Stroke Prevention Clinic are prototypes for stroke centres across Canada. In 2000, the Ontario government officially named TWH one of three Regional Stroke Centres for the Greater Toronto Area, recognizing its excellence in emergency and acute care, secondary prevention, research and education initiatives. For victims of stroke, this means a continuity of innovative care and a seamless, faster journey from hospital to rehabilitation to home care.

## Make life better

Every dollar you give is leveraged into three – by enabling our researchers to cover initial costs, you help them attract national and international grants.

These major grants help UHN programs attract more stellar scientists like Dr. Michael Tymianski. In this way, your generosity is a powerful catalyst for research that has the potential to improve lives in Canada and around the world.

# Friends, Fashion and Warren Hing

When Warren Hing, a Toronto dentist, met his fiancée, Gloria Bull, she gave him a membership to the High Park Ski Club – the largest traveling ski club in Canada. She won him over to downhill and he introduced her to water-skiing.

In August 2001, Warren was a site coordinator at the Canadian Water Ski Championships. He put in four weeks of intense set-up, then 17-hour days judging and assisting with the tournament. When his turn came to compete, the fatigue caught up – he suffered an accident and his life was changed.

What followed is the nightmare that approximately 8,500 Canadians have experienced as a result of spinal cord injury from sporting accidents. Warren's spinal cord is badly crushed at the most common site of damage – the neck. He has some movement, including the ability to breathe on his own and to use his right arm.

Last fall, when Warren was out-going president of High Park Ski Club, Christine Coope, co-ordinator of the club's charity fashion show, suggested the idea of fundraising for spinal cord injury research. Warren was touched by the support of his friends and colleagues. Lynda Richards,



*Dr. Warren Hing, speaking at the High Park Ski Club Fashion Show, with fellow club member Sara Oakley.*

Clinical Research Coordinator in the Spinal Cord Injury Program, got Toronto General & Western Hospital Foundation on board and represented TWH at the event.

The High Park Ski Club Fashion Show, held November 2002 in support of the Spinal Cord Injury Program at TWH's Krembil Neuroscience Centre, was a huge success. It raised over \$4,100 and Warren has matched that amount with his own donation.

Gloria knows Warren is a fighter. As administrative assistant to

Dr. William McIlroy in the Neurology Division at TWH, she understands spinal cord injuries better than most. Together she and Warren work through the daily battles that his injury presents.

Warren receives therapy from Adrienne Nichols at the TWH Hand Rehabilitation Clinic and participates in functional MRI tests that map post-injury changes in brain function. These studies play an important role in spinal cord injury research – and they give Warren hope. "Gloria and I plan to get married when I can walk again."

*Third party events, like the High Park Ski Club Fashion Show, are an excellent way to leverage support for our hospital programs. If you are interested in coordinating a third party event to support our hospitals, we can provide information and guidance to help you achieve success.*

*For more information, contact Linda Ruickbie, Director of Events at (416) 340-5377*

## Miracle Teen

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Today, Veronica is busy raising funds and awareness for others who suffer AVMs. Toronto General & Western Hospital Foundation has set up a special fund in support of the Neurovascular Program at the Krembil Neuroscience Centre. Contributions will be directed towards interventional neuroradiology research to advance the treatment of AVMs.

Veronica is also focusing on her next big step – university – with a view to becoming a social worker. "I want to help people," she says. And she will.

*An AVM is a tangle of poorly formed blood vessels. Brain AVMs are rare and although thought to be congenital, are not typically discovered until 20 years of age and older. Symptoms include seizures, headache, temporary paralysis and, in a small percentage of patients, bleeding – a complication that can cause stroke, permanent disability or death.*

## The Legacy of Lillian Love

When Lillian Love decided it was time to draw up her will, she wanted to ensure that her estate would be used to help people, long after she had died. A former Torontonians, Miss Love lived for many years in the United States but maintained an early affection for Toronto General Hospital. It was her wish that her estate be used to further healthcare research.

After her death, the world's first endowed Chair in Women's Health was established at Toronto General Hospital in 1995. The Lillian A. Love Chair in Women's Health is held by Dr. Donna Stewart, head of the Women's Health Program at University Health Network. Since the establishment of the Chair, Dr. Stewart has built an internationally respected program in women's health

research. To this day, Lillian Love's planned gift has ensured that research in women's health continues to advance.

Miss Love's bequest was also instrumental in the formation of the University Health Network's U.S. Foundation. This way, we can issue a tax receipt for donations from people living in the United States.

The Gift Planning Program at Toronto General & Western Hospital Foundation provides a variety of giving options that allow donors flexibility in supporting leading-edge research and care. If you would like more information on these different ways of giving, please contact Paul Grossman, Major Gifts Officer, at (416) 340-4854.



### Uncorking the Possibilities at the Wine Classic

Be a part of the fun, the glamour and the vital support of research discoveries on April 24 at the Wine Classic. Since it began, this premier gala, at the Fairmont Royal York, has raised over \$2.4 million for research at the Toronto General Hospital and Toronto Western Hospital.

This year, organizers are pleased to announce that proceeds will be directed toward neuroscience research at TWH's Krembil Neuroscience Centre, home to one of the largest neuroscience programs in the world.

A special feature of this year's Wine Classic will be *A Tribute to Nursing*. This will celebrate the history of TGH and TWH nurses in the advancement of research, medical teachings, and patient care.

## Special Events in Support of Neuroscience Research



Plan on joining us at the 9th Annual Wine Classic on Thursday, April 24. Call Melanie Litwin at (416) 340-4800, ext. 6895, or visit [www.wineclassic.ca](http://www.wineclassic.ca) to reserve your tickets or to volunteer.



*Rick Hansen will join forces with TG&WHF on June 14, 2003*

### Spinal Cord Injury – on a roll for a cure

On Saturday, June 14, 2003, the first Rick Hansen *Wheels in Motion* fundraiser will roll out Canada-wide. Toronto General & Western

Hospital Foundation will do its part by hosting a regional event at Ontario Place.

*Wheels in Motion* aims to raise awareness and funds to help to improve the quality of life for people living with spinal cord injury.

Researchers at the Krembil Neuroscience Centre are among a select group of scientists at the forefront of international advances in spinal cord injury research.

Events like *Wheels in Motion* heighten awareness and contribute to this vital research. Rick Hansen, founder of the Rick Hansen Foundation, said, "The time has never been better to get involved. I'm calling on Canadians to wheel out on June 14 to make the dream of a cure a reality."

For upcoming details visit [www.uhn.ca](http://www.uhn.ca).

## Enter our Spring Raffle in Support of Cardiovascular Research

**Ticket Price:**  
\$20 each or  
6 for \$100

**Draw Date: May 1, 2003**

1<sup>st</sup> Prize

Lady's Piaget 18kt gold and diamond watch, courtesy of Royal de Versailles, Value: \$28,750

ROYAL DE VERSAILLES  
WHERE THE WORLD SHOPS FOR JEWELLERY

2<sup>nd</sup> Prize

4 night-stay, courtesy of ResortQuest, in Whistler BC with sightseeing, Value: \$10,834

3<sup>rd</sup> Prize

Gift Certificate, courtesy of Hugo Nicholson, Value: \$500

**Call (416) 340-4800 ext. 6884 to purchase tickets**

# \$400 million CAMPAIGN

## Together We Make Life Better

### You can find us on the Web

Visit our website at [www.uhn.on.ca/foundations](http://www.uhn.on.ca/foundations) for the latest information about the Campaign.



In November 2002, University Health Network launched its \$400 million campaign – considered one of the largest in Canadian healthcare history. Toronto General & Western Hospital Foundation is one of three foundations undertaking the Campaign (along with The Princess Margaret Hospital Foundation and The Arthritis & Autoimmunity Research Centre Foundation).

*Together We Make Life Better* demonstrates to our community the value of partnership. Together our three hospitals and four research institutes make life better through unparalleled efficiencies and advances in healthcare practices.

"Our donors know that their gifts will have impact, because of the combined strength of our network," says Bryce W. Douglas, Campaign Chair and Chair of the Toronto General & Western Hospital Foundation Board of Directors, adding, "UHN is recognized as an international leader in health care. We see this clearly through our world renowned centres of excellence and advanced research institutes."

The Campaign will raise funds to support advanced programs that attract global acclaim. The Peter Munk Cardiac Centre, the Krembil Neuroscience Centre, the Al & Malka Green Artists' Health Centre and the Centre for Research in Education are just a few examples of

how UHN is transforming the face of health care today and for future generations.

"Through the Campaign, we can help the hospital provide the very best patient care by recruiting top-flight research scientists and acquiring state-of-the-art facilities and equipment. *Together We Make Life Better* will give us the resources we need to move forward," says Tennys Hanson, President and CEO, Toronto General & Western Hospital Foundation.

Your support ensures that we continue to lead the way in finding cures and developing treatments for the most complex diseases and conditions.

### Making Life Better

#### What's New at Toronto Western Hospital

The curtain was raised on November 6, 2002 at the official opening of The Al & Malka Green Artists' Health Centre – the result of a wonderful partnership with the Dancer Transition Resource Centre, The Artists' Health Centre Foundation, and a generous gift from Al and Malka Green. Over 200 people attended the celebration.



From left: Tom Closson, UHN President and CEO; Joysanne Sidimus, Executive Director of the Dancer Transition Resource Centre; Al and Malka Green, Elise Orenstein, Chair of the Artists' Health Centre Foundation; and Dr. Philip Ellison, Director of Family and Community Medicine.



### Banting Society hosts second annual event

Members of The Frederick Banting Society came out to hear the latest on the hospitals at its second annual event held in October. TG&WHF Board Member R. Fraser Elliott (left) chats to Wanda Plachta and Kiki & Naju Shroff. For more information on how you can become a member of The Frederick Banting Society, contact Carole Chabot at (416) 340-3914.

